

September 11, 2020

Dear Midlakes Families,

In anticipation of the start of the 2020-2021 school year, I wanted to share information with you regarding updates to our child nutrition program. The District will be offering meals (breakfast/lunch) for all students that are attending school either in-person and/or remotely. We have made changes to our program in order to comply with the updated guidance from the State Education Department and Department of Health due to COVID-19.

Breakfast and lunch meals will be provided in a “brown bag” format for all students. Breakfast will consist of cereal, milk and juice. Lunch meals will be served with a sandwich, two sides, and a milk. In person students will have a choice of the type of sandwich each day (peanut butter and jelly or sliced meat). We are unable to offer ala carte items (chips, ice cream, etc.) at this time.

The District will be able to provide all students breakfast and lunch at no cost through December 31, 2020. If you are interested in receiving an application for free/reduced meals after that time period, please contact me directly or visit our website at [www.midlakes.org](http://www.midlakes.org).

For in-person learning, students will eat in designated areas at minimum 6 feet social distancing. Students in grades PreK-6 will eat in their classrooms, students in grades 7-12 will eat in designated “cafeterias”. Meals will be delivered to students at their location. Students will not be required to pick up their meals in the cafeteria. Students may bring meals from home, although the meal cannot be shared with others with the exception of a family member. Meal areas will be cleaned between each student meal period.

For remote learning students, meals will be delivered on Mondays and Wednesdays. We will deliver three meals on Mondays and three meals on Wednesdays. If you would like request meals for delivery, please fill out the form available on our website at [www.midlakes.org](http://www.midlakes.org) or you may contact me directly.

If your child has a dietary restriction, please reach out to the school nurse to document the restriction.

The District is dedicated to ensuring that all students have access to nutritional meals. If you should have any questions regarding the child nutrition program at Midlakes, please contact me at 315-548-6415 or by email at [foodservice@midlakes.org](mailto:foodservice@midlakes.org).

Sincerely,

Jil Swarthout  
Food Service Director